

# Curriculum Vitae

## ~ Lucille Proulx ~

M.A., ATR, RCAT

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Languages: English and French  
Recognized as family of the Montagnais Métis First Nation

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## PROFESSIONAL ASSOCIATIONS

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### Registered Member:

- Canadian Art Therapy Association (RCAT)(HLM)
- American Art therapy Association & Registration Board (ATR)

### Past Président: 1998-2000

- *Association des Art-thérapeutes du Québec (AATQ)(HLM)*

### Vice President: 2010-2011

- Canadian Art Therapy Association (CATA)

### Past Advisory Board Member: Arts Health Canada/BC

*Membre du Le Cercle des Artistes Peintres et Sculpteurs du Québec (CAPSQ)*

Member of the Canadian Federation of Artists (CFA)

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## QUALIFICATIONS

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- Over 50 years experience working with parents and children in the community providing care, parenting education, and art instruction.
- Over 30 years of clinical experience, including 15 years in a department of child psychiatry at a children's training hospital of McGill University, Montreal, Canada.

Expertise includes the following:

- Art Therapy clinician (individual, dyad and groups)
- Attachment-Informed Art Therapy
- Educational Co-ordinator and Supervisor of Art Therapists
- Educational program developer and trainer of Mental Health Professionals as Therapeutic Art Technicians across Canada and in Bangkok, Thailand; Tokyo, Japan; Israel and Egypt
- Conference Presenter, Workshop Facilitator and University Lecturer in Canada, the USA and abroad.
- Author: Parenting and Art Therapy Topics
- Exhibiting Artist

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**EDUCATION**

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<b>Master of Arts in Art Therapy</b> Concordia University, Montreal	1993
<b>Bachelor of Fine Arts</b> University of Ottawa	1991
<b>Diploma in Art therapy</b> Concordia University, Montreal	1990
<b>Bachelor of Arts (Psychology/Visual Arts)</b> University of Ottawa	1989

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**SPECIALIZED CLINICAL TRAINING**

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○ Diagnostic Criteria Seminars	
○ Diagnostic Classification of Mental Developmental Disorders of Infancy and Early Childhood DSM IV and Zero to Three	
○ Family Therapy Seminars	
○ Behaviour Modification Seminars	
○ Group Therapy Seminars	
○ Play Therapy Seminars	
Montreal Children's Hospital (MCH)	1989-1997
○ Advanced Art Therapy Assessment & Diagnosis Allan Memorial Hospital, Montreal, Pierre Gregoire, ATR	1995-1996
○ Therapy for Sexual Abuse & Childhood Trauma Royal Ottawa Hospital, Dr. Sandra Wieland	1993-1995

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**PROFESSIONAL EXPERIENCE**

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**CLINICIAN**

**PSYCHOTHERAPIST, ART THERAPIST, PARENT/CHILD COUNSELLOR, SUPERVISOR**

**Royal Jubilee Hospital (RJH), Eric Martin Pavillion,** 2020-Present  
**Adult Psychiatry, Victoria, BC**

**ART THERAPIST FOR GROUPS AND INDIVIDUALS**

The Art Wellness Studio and Clinic: Clients with a variety of mental Disorders including Depression, Bi-Polar, Substance Related Disorder, Schizophrenia

**Private Practice, Montreal and Victoria, BC** 1993-Present

**Montreal Children's Hospital (MCH),** 1988-2001  
**Department of Infant and Child Psychiatry**

**ART THERAPIST**

The Family Infant Assessment & Treatment Clinic

The Pre-school Day Treatment Center

Westmount Park School Kindergarten Hospital Program:

Population families and children with developmental delays  
& emotional problems

**ART THERAPY INTERNSHIP** 1985-1986

MCH Day Treatment Program & Adolescent Crisis Intervention Team

Allan Memorial, Montreal (Adult Psychiatry)

Shaw Bridge Youth Detention Centres (Adolescent)

Warkwork Penal Institution, Ontario (Adult)

**VOLUNTEER CLINICAL WORK**

**Center for the Protection of Children's Rights (CPCR)** 2004-2007  
**Thammasat University, Bangkok, Thailand**

**CUSO COOPERANT:**

Provide clinical services to children rescued from sex trade, labour exploitation, and sexual and physical abuse.

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**EDUCATOR**

- Canadian International Institute of Art Therapy (CiiAT)** 2013-Present  
**Victoria, BC**  
CO-FOUNDING EXECUTIVE DIRECTOR, SENIOR EDUCATIONAL ADMINISTRATOR,  
INSTRUCTOR SPECIALIZING IN ATTACHMENT-INFORMED ART THERAPY,  
SUPERVISOR & THESIS DIRECTOR
- Japan International Program of Art Therapy in Tokyo** 2012-Present  
**(JIPATT)**  
FOUNDING EXECUTIVE DIRECTOR, INSTRUCTOR  
Intensive Art Therapy Diploma and Certificate Programs:  
Canadian Art Therapy Association (CATA) accredited training
- International Program of Art Therapy in Thailand (IPATT)** 2011-Present  
FOUNDING EXECUTIVE DIRECTOR, EDUCATIONAL ADMINISTRATOR,  
INSTRUCTOR  
Intensive Art Therapy Diploma and Certificate Programs:  
Canadian Art Therapy Association (CATA) accredited training
- Dr. Gamal Abou El-Azayem Psychiatric Hospitals** 2019  
**Cairo, Egypt**  
INSTRUCTOR  
Attachment-Informed Art Therapy Certification (AIC)
- University of Alexandria, Egypt** 2019  
INSTRUCTOR:  
Attachment-Informed Art Therapy
- St. Stephen's College, University of Alberta, Edmonton** 2011  
INSTRUCTOR:  
Teaching intensive course in Child and Adolescent Art Therapy
- Kutenai Art Therapy Institute (KATI), Nelson, BC** 2007-2011  
CORE COURSE INSTRUCTOR, SUPERVISOR, THESIS ADVISOR  
AND INSTRUCTOR OF WEEKEND WORKSHOPS
- BC School of Art Therapy (BCSAT), Victoria, BC** 2001-2011  
EXECUTIVE DIRECTOR, INSTRUCTOR, SUPERVISOR

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**VOLUNTEER EDUCATOR**

**SPECIALIZED TRAINING COURSES: NATIONAL AND INTERNATIONAL**

Strengthening Emotional Ties; Art Therapy Interventions For Infants  
And Preschoolers; and Attachment-Informed Art Therapy

**Hagar Institute, Phnom Penh, Cambodia** 2012  
**RED PENCIL COOPERANT: TRAIN THE TRAINER**  
Introduction to art therapy; Practicum with children rescued  
from sex trade.

**Center for the Protection of Children's Rights (CPCR),** 2004-2007  
**Bangkok, Thailand**  
**CUSO COOPERANT: TRAIN THE TRAINER**

Train staff of mental health professionals at universities, hospitals  
and government shelters

**ONE-DAY CONFERENCES:**

- Princess Sirindhorn Archeological Centre
- Srinakarinwirot University
- King Chulalongkorn Memorial Hospital
- Silpakorn University
- Rachanukul Institute
- Thammasat University
- Jittamet Kindergarten School

**TEN-WEEK WORKSHOPS:**

- Arsom Silp, Institute of Art and Development University
- Srithanya Psychiatric Hospital, Child & Adolescent Ward
- Siriaj Hospital, Child & Adolescent Psychiatric Ward, Mahidol University
- Baan Bhumivet Pak Kret Boys' Residential Home, Government Shelter

**LECTURES and WORKSHOPS**

Dyad Art Therapy and Attachment

**Universidad de Chile, Santiago, Chile** 2009  
Parent-Child-Dyad Art Therapy Lecture

**California State University** 2002  
Sorority Organization: Alpha Theta Chapter, Chi Sigma Iota  
Pro-D Training Workshop on Parent-Child Attachment

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<b>Lloma Linda University, California</b> <b>Health Sciences, Early Childhood Clinical Program</b> Pro-D Training Workshop on Attachment	2001
<b>Christians Addressing Child Abuse, Eugene, Oregon</b> Pro-D Training Workshop on Parent-Child-Dyad Art Therapy	2001
<b>Coos County Health Department, Myrtle Point, Oregon</b> Pro-D Training Workshops on Parent-Child Attachment	2001
<b>Selkirk College Symposium, Castlegar, BC</b> Attachment Issues and Art Therapy Interventions Lecture	1994
<b>Kaslo-on-the-Lake Summer School of the Arts, Kaslo, BC</b> Multi-media courses for parent-child dyads; workshops in visual, performing and healing arts.	1994
<b>Step-by-Step Pre-School Program for Native Children</b> <b>Kahnawake, Quebec</b> Introduction to Art Therapy; 10-week parenting courses	1995
<b>Art Therapy in Child Psychiatry, Montreal and</b> <b>Trois-Rivières, Quebec</b> Presentations in French and English <ul style="list-style-type: none"><li>○ Sainte-Justine's Hospital</li><li>○ Douglas Hospital</li><li>○ CLSC Côte Des Neiges</li><li>○ Centre Hospitalier du Centre-de-la-Mauricie</li><li>○ Table de concertation des infirmières du CLSC, Plateau-Mont-Royal.</li><li>○ Montreal Children's Hospital</li></ul>	1986-2001

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**CONFERENCES**

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**Canadian Art Therapy Association (CATA):**

**KEY NOTE SPEAKER AND WORKSHOP PRESENTER**

**ART THERAPY, ATTACHMENT AND BRAIN DEVELOPMENT**

2020	Corner Brook, NFLD
2019	Calgary, AB
2018	Montreal, QUE
2017	Vancouver, BC
2016	Toronto, ON
2012	Edmonton, AB
2011	Niagara Falls, ON
2010	Duncan, BC
2009	Montreal, QUE
2008	Toronto, ON
1998	Nelson, BC.

**2020 The Bharat Panchal Dialogues, in association with G.D. Goenka University, New Delhi, India**

Virtual Introduction to Art Therapy

**2019 Alexandria University, Alexandria, Egypt**

Lecture on art therapy:

**2019 Israel Art Therapy Association Conference, Haifa University**

Attachment and brain development.

**2009 Ohio, USA**

Pre-conference all-day workshop on Art Therapy, Attachment and Brain Development

**2006 King Chulalongkorn Memorial University, Bangkok, Thailand**

Introduction to art therapy

**2005 The First Art Therapy Conference, Silpakorn University Bangkok, Thailand**

Introduction to Art Therapy: Poster Presentation and member of panel

**2004 American Art Therapy Association (AATA), New Mexico, USA**

Workshop: Strengthening Emotional Ties

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**2001 Canadian Academy Of Child Psychiatry 21st Annual Meeting  
Montreal, Quebec**

Parent-Child-Dyad Art Therapy. Poster Presentation

**1999 Canadian Conference On Educating Students With Behavioural Disorders,  
Université Laval, Québec**

An Early School-based Integrative Therapeutic Kindergarten Program for Disruptive, Behaviourally-Disordered and Developmentally-Delayed Children (Group Parent-Child-Dyad Art therapy)

**1998 13th National Training Institute Zero To Three Conference, Washington, D.C.**

Disposition or Opposition. Understanding an Anxious and Difficult Child In a Cultural Context (Group Parent/Infant Art Therapy)

**1998 Conférence annuelle de l'Association Des Art Thérapeutes du Québec  
(AATQ), Bishops College, Sherbrook, Quebec**

Practical applications of Parent-Child-Dyad Art Therapy

**1998 Convergence 2000, 1st Creative Arts Therapies Conference, Concordia  
University, Montreal, Quebec**

Parent-Child-Dyad Art therapy from infancy to school age

**1996 Canadian Academy Of Child Psychiatry 16th Annual Meeting, Université  
Laval, Québec City**

Poster Presentation: An Early School-Based Integrative Therapeutic Kindergarten Program for Disruptive, Behaviourally-Disordered and Developmentally-Delayed Children. Group Parent-Child-Dyad Art therapy. Poster presentation.

**1995 Conférence annuelle de l'Association Des Art Thérapeutes du Québec  
(AATQ), Hull, Quebec**

Strengthening Inner Ties workshop.

**1995 Ontario Art Therapy Association Annual Conference, King's College,  
University Of Western Ontario, London, Ontario**

The "I" in Art: Nurturing the Self  
Nurturing the Bond: An Art Therapy Technique.

**1993 Ontario Art Therapy Association Annual Conference, King's College,  
University Of Western Ontario, London, Ontario**

The Concept of Self, Reflected in the Art of Twins



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### PUBLICATIONS

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Proulx, L. (2018). Strengthening Attachment Ties with Dyad Art Therapy. Victoria, BC: Printorium Books, Island Blue.

Proulx, L. (2017). Attachment Informed Art Therapy: Strengthening Emotional Ties Throughout the Lifetime. Victoria, BC: Tellwell Talent.  
**Arabic Edition:** Dar Nour El Ma'aref, Cairo. Egypt

Proulx, L., Winkel, M. (2015). Art Therapy with Families in Canada. In C. Kerr (Ed.), Multicultural Family Art Therapy, Chapter 2, pp. 22-33. NY:Routledge.

Proulx, L. et al (2007), Editor. Creative Therapeutic Arts with Children. A reference book for professionals working with children who suffered abuse through neglect, sexual or physical abuse and illness, as well as children with developmental delays. Published in Bangkok, in Thai Language.

Proulx, L. (2005). Parent-child Dyad Art Therapy. In J.A. Rubin, Producer, Child Art Therapy (3rd ed.) [DVD]. Pittsburg, PA: Expressive Media.

Proulx, L. (2004). Art Therapy and Attachment. In J.A. Rubin, Producer, Child Art Therapy Has Many Faces [DVD]. Pittsburg, PA: Expressive Media.

Proulx, L. (2003). Strengthening Emotional Ties through Parent-Child-Dyad Art Therapy: An Intervention for Infants and Preschoolers. London, England: Jessica Kingsley Publishers.

**Hebrew Edition:** Haifa, Israel: Ach Publishing House Ltd.

**Arabic Edition:** Cairo, Egypt Dar Nour El Ma'aref

Proulx L. (2003). Strengthening Emotional Ties. Educational DVD.

Proulx, L. (2002). Strengthening Ties, Parent-Child-Dyad Group Art Therapy with Toddlers and their Parents. American Journal of Art Therapy, 40, pp. 238-258. Gladys Agell, Editor. Vermont, USA: Norwich University.

Proulx, L. (2001). Parent-Child-Dyad Art Therapy Communiqué, Association des Art-thérapeutes du Québec (AATQ) Journal, 19(2) Montreal, Quebec.

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Proulx, L. (2000). Container, Contained, Containment: Group Dyad Art Therapy with Toddlers 18 to 30 months and their parents. Canadian Journal of Art Therapy, 14(1), pp 3–6.

Proulx and Minde, (1995). Une expérience de groupe pour pères et enfants. PRISME: Psychiatrie, recherche et intervention en santé mentale de l'enfant, Été, 5(2-3), pp 191-200.

Proulx, L. (1993). The Reflection of the Self in the Art of Twins. Master's Thesis. Montreal, Quebec: Concordia University.

Proulx, L. (1990). Pre-Toilet Training. How to Help Yourself, Your Child and the Environment. Growth Spurts, 15, pp. 9-10. Kitchener, Ontario.

Proulx, L. (1988). The Blabbermouth Body: The Principles of Movement Therapy Seen Through Parent-Twin Interactions. Copyright, 1986. DOUBLE FEATURE: Canada's Newsletter for Parents of Twins, Triplets and Quads; and Parents of Multiple Births Association of Canada (POMBA). Winter 1987-88, pp. 12-13.

Proulx, L. (1983). Twins—together/separate—Win. Self Published. Concordia University Printing Services.

Proulx, L. (1983). Pipi...Popo. Self Published. University of Ottawa Printing Services.

Proulx, L. (1982). Toilet Training...with love. Self-Published. Montreal: LetroMac Desktop Publishing.

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**VOLUNTEER WORK: COMMUNITY and ORGANIZATION**

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<b>Board Member</b> , Cook St. Seniors' Activity Center, Victoria, BC	2020-2021
<b>Volunteer</b> : Canadian Art Therapy Association (CATA)	2007-2011
<b>Advisory Board Member</b> , Arts Health Canada/BC	2010-2011
<b>Workshop</b> ~ French women's group, Victoria, BC	2002-2011
<b>President &amp; Board Member</b> of The Parents of Multiple Birth's Association of Canada (POMBA) ~ Local and National	1978-1998
<b>President</b> of The Ottawa Twins Parents' Association	1976-1998
<b>Board Member</b> , Association d'éducation préscolaire Ottawa-Carleton	1980-1983
<b>Francophone Outreach Coordinator</b> , Parents' Pre-school Resource Centre, Ottawa	1980-1983

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**AWARDS, HONOURS & ACHIEVEMENTS**

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<b>Association des Art-thérapeutes du Québec (AATQ)(HLM)</b> Honoured by the AATQ in Montreal in recognition of service in the advancement and promotion of art therapy in Quebec.	2016
<b>Exhibiting Artist:</b> In private collections and galleries at home and abroad	1961-Present
<b>Art Retrospective: Phronesis (Art of Energy, Art of Living)</b> <i>Exhibition of work (1960-2015) at the Art Gallery of Cedar Hill Recreation Centre, Victoria, BC.</i> Financial assistance awarded by the Community Arts Council, BC Arts Council and the Capital Regional District (CRD).	
<b>Le Gala International des Arts Visuels (Annual International Visual Arts competition)</b> Cercle des Artistes Peintres et Sculpteurs du Québec, Montréal	
<b>Médailles d'Or Catégorie (Gold Medal Category):</b>	
"Figurations Autres"	1999
"Abstractions Diverses"	1998
Acrylique Painting, "Lumière Jaune"	1984
Mixed Media Drawing, "103 Clarence (sic) Street"	1980
<b>Médailles d'Argent Catégorie (Silver Medal Category)</b>	
"Impact Critique"	1996
"Impact Critique"	1995
"Bois de Grange et Photos Fantasme"	1996
Multi-Media pièces, "Ca sert à rien"	1995
<b>Médailles de Bronze Catégorie (Bronze Medal Category)</b>	
"Figurations Autres"	1997
Multi-Media Montage: "Superstition avant le mariage"	1990
<b>Board of Directors Certificate of Appreciation:</b>	1994
Parents of Multiple Births Association (POMBA)	1985
	1984
<b>Art Prize Winner: Council for the Arts in Ottawa</b>	1985
<b>Work selected for Juried Exhibition:</b>	1980
<b>Galerie 521 Sussex, Ottawa</b> "103 Clarence (sic) Street"	

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**RADIO, TELEVISION and PUBLICATION**

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- 2020 Priegert, Portia. Art & Healing: Part 2. Galleries West Magazine. An article citing her experience of an online therapeutic session through the Canadian International Institute of Art Therapy (CiiAT), and interview with Lucille Proulx and Michelle Winkel. <https://www.gallerieswest.ca/magazine/stories/art-healing-part-2/>
- 2019 Grandmother of Art Therapy in Thailand. Cover of Art Book
- 2007 Nuntachaibucha, Chanriatip. From Mother to Art Therapist, Cheewit Thai Magazine, p. 198.
- 2004 Marcotte, Danielle. MICRO-MIDI CBC FRENCH RADIO interview on an art workshop which I was animating for a woman's group, Le Groupe de Femme de La Colombie Britanique.
- 2003 Basque, Ghislain. MICRO-MIDI CBC FRENCH RADIO interview on life as an artist and art therapist
- 2002 Marcotte, Danielle. MICRO-MIDI CBC FRENCH RADIO author interview of book, *Strengthening Emotional Ties through Parent-Child-Dyad Art Therapy*.
- 2000 Universidade de Aveiro, Catálogo da exposição, Aveiro, Portugal "Superstition avant le mariage," p. 44.
- 1998 Robert, Guy. "Le Pluralisme dans l'art au Quebec," Proulx Art page; Ganesha, 1991 and Hangar du Plateau, 1991.
- 1997 Pormorants, Shelley. ALL IN A WEEKEND, CBC RADIO. Panel Discussion on Art Therapy.

References: Upon request